

COVID-19 patient discharge information

Discharging clinician to complete the relevant fields below

Name:		Date of birth:	
<p>You received the following treatment for COVID-19 while in hospital:</p>			
<p><input type="checkbox"/> Steroid (If applicable, duration of treatment after discharge: __ days)</p> <p><input type="checkbox"/> IL-6 inhibitor (tocilizumab or sarilumab)</p> <p>If you have received/will be receiving more than 10 days of treatment with a steroid, you may be provided with one or both of the following:</p> <p><input type="checkbox"/> National Steroid Treatment (“Blue”) Card</p> <p><input type="checkbox"/> National Steroid Emergency (“Red”) Card</p>			
<p>If you have received tocilizumab or sarilumab, please read the following carefully:</p> <p>These drugs can decrease the ability of your immune system to fight off infections for up to three months after treatment. You may be at a higher risk of getting infections, or if you have an existing infection, this can be made worse.</p> <p>You should contact your GP or NHS 111 urgently if:</p> <ul style="list-style-type: none"> • You develop a fever, chills/shakes, sweats, a persistent cough, weight loss or excessive tiredness within 3 months of discharge • You have diverticular disease and develop severe abdominal pain <p>Please inform your GP that you have been treated with an IL-6 inhibitor prior to receiving any form of vaccination.</p>			
<p>Please read the following information carefully if you have received/are receiving steroid treatment:</p> <ol style="list-style-type: none"> 1) Steroids can affect your blood sugar levels. Please keep any appointments for ongoing monitoring of blood sugar levels. If you are known to have diabetes, you should have a discharge plan for your diabetic medicines/insulin. 2) If you have been on prolonged steroid treatment, the steroid dose may need to be reduced slowly to allow your body to start producing its own steroids again. If you develop low blood pressure, persistent dizziness or light-headedness, profound weakness, nausea and vomiting, abdominal pain or confusion, you should seek urgent medical attention at your nearest Accident and Emergency Department and take your steroid cards with you. 			
<p>Report suspected side effects to the Yellow Card scheme using the dedicated Coronavirus Yellow Card reporting site or the Yellow Card app.</p> <ol style="list-style-type: none"> 1) Speak to your healthcare professional for advice if you are worried about your health. 2) Check the patient information leaflet supplied with the medicine. You can also find this information on the MHRA website. 3) Report suspected side effects at mhra.gov.uk/yellowcard. Scan the QR code on the right to take you to website, or use the Yellow Card app. 4) If unsure or in doubt, report it anyway as only a suspicion is needed. 			

